

Therapist knowledge, skills and competences in EFPT work

1. Assessment in EFPT - in order to provide an effective therapy program, the following is necessary:

Knowledge	Skills	Competence
<ul style="list-style-type: none"> - To understand how to assess the client (regardless of age and diagnosis) on the ground and on the equine 	<ul style="list-style-type: none"> - To be able to carry out appropriate and accurate assessment of a client (regardless the age or diagnosis) on the ground and on the equine 	<ul style="list-style-type: none"> - To apply clinical experience and knowledge when carrying out an assessment that is relevant and effective in the equine environment, on the ground and when mounted
<ul style="list-style-type: none"> - To have knowledge of how to use assessment in the planning and execution of the EFPT program 	<ul style="list-style-type: none"> - To be able to plan EFPT program based on the initial assessment of the client - To be able to reassess the client responses to the intervention and react appropriately - To be able to judge when to discontinue the intervention 	<ul style="list-style-type: none"> - To identify the client's strength and weaknesses - The competency to use clinical experience and equine characteristics to plan an EFPT program following the initial and ongoing assessments of the client
<ul style="list-style-type: none"> - To have knowledge of suitable outcome measures in order to select appropriate measures for the client 	<ul style="list-style-type: none"> - To be able to use and interpret appropriate outcome measures 	<ul style="list-style-type: none"> - To demonstrate competence in using appropriate outcome measures
<ul style="list-style-type: none"> - To have knowledge of how to carry out risk assessments for EFPT session 	<ul style="list-style-type: none"> - To be aware of all health and safety factors involved and minimise risks 	<ul style="list-style-type: none"> - To enable safe EFPT sessions

2. Evaluation of functional impairment and intervention planning in EFPT - in order to provide an effective therapy program, the following is necessary:

Knowledge	Skills	Competence in evaluation and planning
<ul style="list-style-type: none"> - To have a wide knowledge and experience in physiotherapy 	<ul style="list-style-type: none"> - To be able to detect the physiotherapeutic aspect of client's difficulties 	<ul style="list-style-type: none"> - The ability to use the initial assessment to prioritise the areas of difficulty that can be addressed by EFPT, combining clinical knowledge and equine science based on current research in this specialised field.
<ul style="list-style-type: none"> - To understand functional impairment associated with the diagnosis 	<ul style="list-style-type: none"> - To be able to target the EFPT treatment to address the client's difficulties 	<ul style="list-style-type: none"> - The ability to plan an appropriate intervention
<ul style="list-style-type: none"> - To have knowledge of a holistic approach to all clients 	<ul style="list-style-type: none"> - To be able to set treatment goals specific to area of difficulties identified 	<ul style="list-style-type: none"> - The ability to plan a goal specific EFPT intervention to meet the client's needs and to adjust if required.

3. Intervention in EFPT in order to provide an effective therapy program, the following is necessary:

Knowledge	Skills	Competence
<ul style="list-style-type: none"> - To understand how to search for Evidence-Based Practice to plan and carry out the EFPT program 	<ul style="list-style-type: none"> - To be able to search for Evidence-Based Practice to plan and carry out the EFPT program 	<ul style="list-style-type: none"> - To apply Evidence-Based Practice to support the EFPT intervention
<ul style="list-style-type: none"> - To have knowledge of indications, precautions, risks and contraindications for EFPT 	<ul style="list-style-type: none"> - To be able to identify any precautions, risks and contraindications for EFPT 	<ul style="list-style-type: none"> - To identify when EFPT is an appropriate and beneficial treatment choice
<ul style="list-style-type: none"> - To have knowledge of human biomechanics and psychomotor development 	<ul style="list-style-type: none"> - To be able to observe and evaluate the client with an holistic approach 	<ul style="list-style-type: none"> - Using knowledge of both human and equine biomechanics to provide effective EFPT treatment

Therapist knowledge, skills and competences in EFPT work

		- Using the understanding of normal human development to provide effective EFPT treatment
- To have knowledge of the impact of EFPT on the client in physical, emotional, psychological, cognitive and social areas	- To be able to understand and recognize the impact of the EFPT on the client in physical, emotional, psychological, cognitive and social areas	- Applying the understanding and knowledge of the holistic approach to provide an effective treatment
- To have knowledge of the physiotherapy handling techniques and the client's positions used in EFPT to facilitate the desired response of the client	- Using ergonomic principles to be able to select the physiotherapy handling techniques and client's positions to meet the specific treatment goals.	- The ability to adapt the physiotherapy handling techniques and the client's positions to meet the specific treatment goals, using ergonomic principles
- To have knowledge of equine movement and biomechanics, how to adjust it and how it affects the client	- To be able to apply the knowledge of equine movement and biomechanics, to be able to observe the client's reaction and adjust the equine movement accordingly	- The ability to evaluate any client's reaction with different equine movement and to provide an EFPT intervention under any circumstances
- To have knowledge of the methods for safe mounting and dismounting based on ergonomic principles	- To be able to carry out a variety of the methods for mounting and dismounting using the equipment available	- Selecting the method of mounting and dismounting with the equipment available in accordance with the treatment goals and the client's needs
- To have knowledge how to select the most suitable equine for the client as far as conformation, temperament and movement are concerned	- To be able to select the most suitable equine for the client as far as conformation, temperament and movement are concerned	- Expertise in selecting the most suitable equine for the client based on knowledge of conformation, temperament and movement.
- To have knowledge of special tack and equipment and which will be the most appropriate for the equine and client	- To be able to select and adjust EFPT tack and equipment according to the needs of the client	- Expertise in selecting special tack and equipment based on the needs of the client and the treatment goals.
- To have knowledge of the effect of the environment on the treatment session	- To be able to use the benefits of the environment in the treatment session	- Expertise in observing and reacting to the equine, client and environment to facilitate a safe and effective treatment session for all involved
- To have knowledge of methods of documentation and record-keeping in EFPT	- To be able to keep documentation and treatment notes according to professional and legal requirements	- The ability to document effectively and accurately the influence of the equine and its effect on the client
- To have knowledge of body language of the client and the equine, and non-verbal human-equine interaction	- To be able to observe and interpret the body language of the client and the equine	- The ability to facilitate a safe and effective EFPT treatment based on observation of, and reaction to non-verbal human-equine interaction
4. Communication in EFPT - to provide an effective therapy program, the following is necessary:		
Knowledge	Skills	Competence
- To have knowledge of methods of communication with the client, family members, carers.	- To be able to communicate effectively with the client, family members, carers.	- To be sensitive to the communication needs of the client and respond accordingly
- To have knowledge of methods of communication with other professionals involved with the client	- To be able to communicate effectively with other professionals involved with the client	- To establish a rapport with the client, family members and carers

Therapist knowledge, skills and competences in EFPT work

- To have knowledge of methods of communication with the EFPT team involved	- To be able to communicate effectively with the EFPT team involved	- To communicate with and within the EFPT team in order to achieve best practice and to develop the other team members
- To have knowledge of alternative methods of communication when needed	- To have the skill to be able to use basic alternative methods of communication when needed	- To collaborate with the other professionals involved with the client in order to ensure consistent communication methods
- To have knowledge of GDPR and confidentiality	- To have the skill to be able to handle sensitive data, maintain client's confidentiality and practice at all-time within the code of professional conduct and ensure the whole EFPT team follows this	- To demonstrate confident team leadership at all times and maintain privacy under all circumstances