

EEFTN case study reporting guidelines 2022

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The aims of this project are

1. to develop simple guidelines for EEFTN-connected education in Equine Facilitated Therapies and
2. to set similar “standards” for the practical and written assignment and
3. to be able to utilize the collected data later example for a larger study

Designing a case study

Present your teacher or supervisor a case you want to include in your studies or a case you want to study outside of your education. The design of your study includes; an equine, patient/client, theory approach, and methodological approach. You can have a qualitative or quantitative case study applying outcome measures or a descriptive approach as necessary and possible for data analysis.

Supervision:

It is recommended to have a supervisor. Agreement. To get supervision for your case study, remember to agree with your supervisor:

What technical equipment is used in the supervision process, how do you learn best, and what kind of supervision do you wish for?

THERAPY ASSISTANT:

If used, the therapy assistant needs to be trained for the work.

Format of the written study:

For writing, use Times new roman font 12, spacing 1,5. Word count: Not exceeding 4000 words, excluding references and abstract.

Title: The title should be short but informative; you can use a subtitle to clarify your title. Write your name and contact information also in this page.

Abstract: In your mother tongue and in English. An abstract is an independent part of the written report containing a short background, material and methods, and results and does not exceed one page in length, including keywords. (About 350 words)

Keywords: 5-8 keywords also in English (recommended keywords: MeSH (Medical Subject headings) terms, Learning, Equine Assisted..., ..Facilitated, Therapy, Profession, diagnosis

For example: Equine facilitated physical therapy, cp, longitudinal study, balance

Content: Write content with page numbering

Introduction

The numbering of the pages starts from this page. Write clearly the rationale for selecting your case, which is supported by the literature. Building the theory starts from the base of the rehabilitation objectives of a client/patient. Seek the relevant and valid theory of rehabilitating based on the client's diagnosis and, after that theory of EFI for the client.

What basic rehabilitation principles apply to the treatment of your patient? What are the relevant objectives when you start to design the therapy process with a horse? If applicable, use ICF (International Classification of Functioning, WHO). What is the best practice for rehabilitating a certain patient group?

Material and methods

Explain the choice of equine for the client. Write why your methodology is important and related to the patient's problems.

You learn to document the client's rehabilitation process; the wording can be rich. you learn how to express the process in short and clear sentences. you learn how to report to the payers and outside your professional scope. What are your case and background? Describe special elements you want the reader to know that are relevant to the objectives of the therapy and the selection of the methods for the work. Write of the horse and environment: Make the horse visible in your work; what is the relevance of the horse to this work? Report the use of assistance. Describe the process. Document training program for the horse and therapy process for the client. Give reasons for the choice of outcome measure.

Look for your study's equine and human ethics through the ethical guidelines of your national association; if given none, choose to use HETI ethical guidelines.

Results

Results are stated clearly and without discussion. Null or negative results are also results. You can use pictures and tables to describe the results. Do not try to write why you got the results you did. Reserve that for the discussion.

Discussion

This is the part where you tell in-depth about your findings related to the literature you stated in the introduction. Identify the limitations of your study. Combine findings and theoretical knowledge. Think about what led to which result and open the meaning of the selection of the horse and working method to your results. Identify how the horse is necessary for this work. (could this have been achieved without equine intervention and risking animal welfare)

References

Use only references that are from reliable sources, for example, the "Horses and human research foundation" webinar to recognize reliable articles, a professional recommended system for referencing.

Format of presenting the study: How to make a fluent presentation
Anne Rokka: EEFTN subgroup