

Results of the survey “Who can teach in your EFT education”

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Goals for this survey

(spring 2022)

- This survey was done firstly to get an answer to a question "Who can teach in Equine Facilitated Therapy Educations (in our special field)?"
- Second reason is work towards Education subgroup goal "to identify criteria for teachers - criteria for academic knowledge (=professional) and practical experience".
- You can have different name for person who is teaching in EFT education for example teacher/tutor/mentor, but to simplify this survey we will use the word "teacher".

We got 18 answers from following organisations + one without org.

From Norway 2, Greece 2, Germany, Portugal, Croatia, Ireland, Italy, Lithuania, UK 2, Czech Republic 2, Netherlands, Finland, Russian Federation, Poland

- From the organisations:
- Faggruppe for Ridefysioterapi = Association of Equine Facilitated Physiotherapists, (Norway)
- Kethis-hetrics (Greece)
- DKThR, (Germany)
- ThekidsFELLOWS-research group in Anthrozoology (Portugal)
- Don Kihot (Croatia)
- ChildVision (Ireland)
- National Physiotherapy Society (Norway)
- Centro Vittorio di Capua (Italy)
- Horse Riding Association of People with Disability (HRAPD) (Lithuania)
- EFOT-UK and The Equi-OT (UK)
- Ryzáček, z.s. (Czech Republic)
- Finnish Assosiation of Equine Facilitated therapies (Finland)
- CEFTA (Czech Republic)
- ACPEA, Association of Chartered Physiotherapists in Equine Activities (UK)
- Therapeutic Riding Association of Greece (Greece)
- Federation of Hippotherapy and Adaptive Equine Sports (Russian Federation)
- Polish Equine Facilitated Therapy Association (PEFTA) (Poland)

What is the name of your education for EFT?

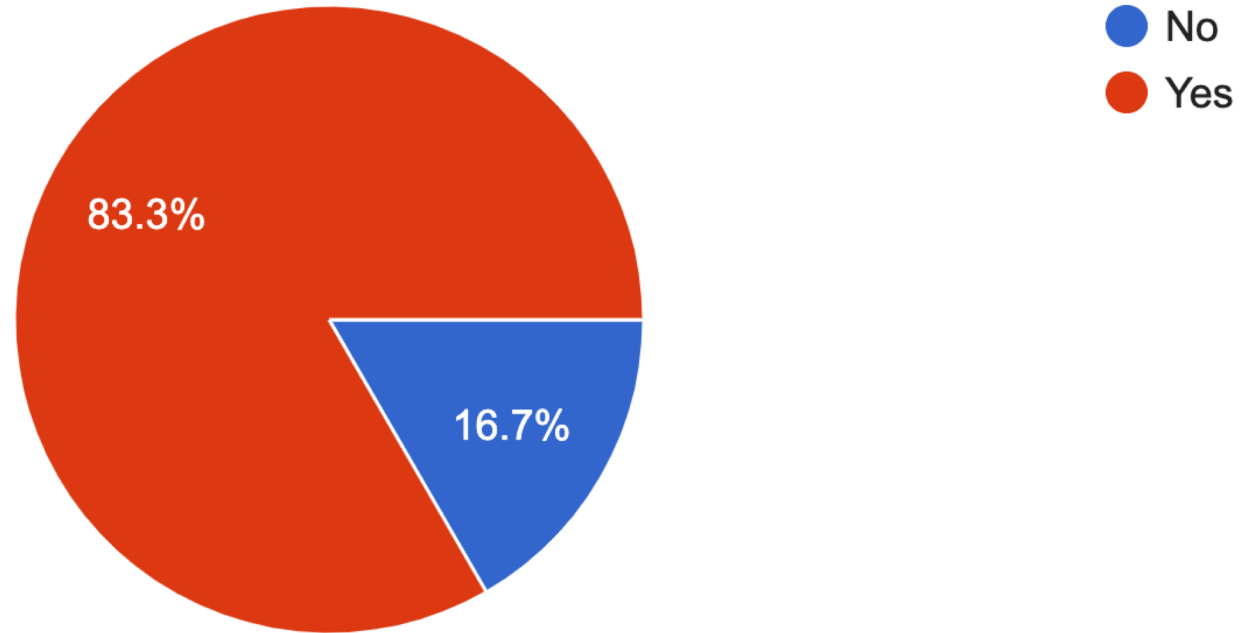
- Equine Facilitated Physiotherapist (Norway)
- Hippotherapy and therapeutic riding (Greece)
- There are different names. It depends on the profession: hippotherapy = physiotherapy; Riding teacher = for riding lessons for people with handicap, Remedial education with the horse for the pedagogical setting; psychotherapeutic intervention with the horse = psychotherapy and occupational work with the horse for the occupational therapy (Germany)
- International Master or postgraduate Studies in Equine Facilitated services or (Portugal)
- Hippotherapy (Croatia)
- None (Ireland)
- Specialist in Physiotherapy on horseback (Norway)
- Horse trainer (Italy)
- Complementary and alternative medicine hippotherapy specialist (Lithuania)
- AHP EFT Course with Ulster University (UK (for ot))
- Courses for EFT (Czech Republic)
- There is no education in The Netherlands but I followed the Equine Facilitated Therapy Basic course in the Czech Republic
- EQUINE FACILITATED THERAPIES IN FINLAND (Finland)
- Equine Facilitated Physiotherapy and OT course; Equine Facilitated Learning course; Equine Facilitated Psychotherapy course (Czech Republic)
- Ulster University Advancing Practice in Equine Facilitated Therapy for Allied Health Professionals (UK)
- AHA "HIPPO THERAPY PRINCIPLES PART 1&2 (Greece)
- Additional education and professional development for specialists with psychological, pedagogical, medical and physical education (Russian Federation)
- Hippotherapy instructor course (Poland)

Is your education recognized by national social and health care system?

- YES:
- Equine Facilitated Therapies in Finland (Finland), Equine Facilitated Physiotherapist (Norway)
- Yes, I think so. But not for health insurances. (Czech Republic)
- Yes, it is, as a part of psychological, pedagogical, medical and physical education (Russian Federation)
- In Poland, a hippotherapy instructor is entered in the register of professions as "middle-class medical personnel" and therefore has a connection with the treatment system. However, in reality this profession does not function within the framework of the national social or health care system..
- AHP EFT Course with Ulster University (UK)
- After 2025 July 01 - Health care system - yes. Now should accept qualification special commission. (Lithuania)
- Specialist in Physiotherapy on horseback (Norway)
- Hippotherapy (Croatia)
- Only the education of Hippotherapy Dkthr is recognized, but it is not payed by the health care system (Germany)
- NO:
- Netherlands, Czech Republic (CEFTA), UK (Ulster Uni education), Greece (AHA education), Italy (Horse trainer education), Childvision (Ireland), International Master or postgraduate Studies in Equine Facilitated services (Portugal), Hippotherapy and therapeutic riding (Greece)

Is your education divided in levels or modules?

18 responses

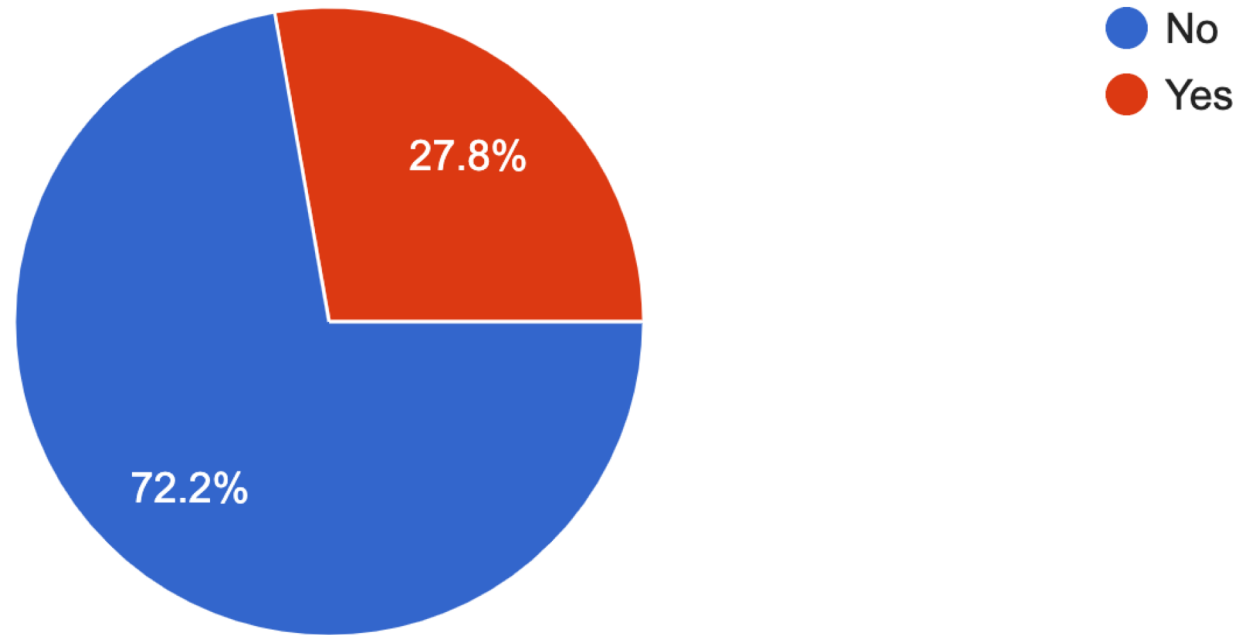


Names of levels/ modules?

- Hippotherapy course and therapeutic riding course
- That depends on which education. The riding teacher has only one model. The hippo therapy has one part hippologie, one part for the adult treatment and one for the neuropathic treatment, but you need all parts to be allowed to work, and the other education have two or three or more parts.
- Postgraduate studies can be basic, with different specific areas. THE masters are only for advanced level, for students learn to measure and evaluate the sessions.
- This would require a lot of thought!!
- Different themes /weekends divided over a year with assignments in between
- We have 5 levels
- We have not yet seen the training program
- Module 1: The Equine and The Equine Environment Module 2: Clinical Practice using EFT
- Equine Facilitated Therapy Basic, then Equine Facilitated Therapy for toddlers, then Equine Facilitated Therapy for infants
- Equine Facilitated Physiotherapy for toddlers and infants. but an extra course to keep you developing would also be good.
- MODULE I Horse in Therapy MODULE II Mental and behavioral disorders and Equine Facilitated Therapy MODULE III Sensomotor development and Equine Facilitated Therapy MODULE IV Written assignment of own interest from EFT and it's presentation
- 1) Equine knowledge; 2) General knowledge in EFT - both modules common for all courses. 3) Applied EFPT and OT; Applied EFL; Applied EFP
- 1. The Equine Module 2. The Clinical Practice module
- Hippotherapy principles Part 1 & Part 2
- 1. Beginning level (it already gives right to work) 2. Advanced level 3. Writing a diploma
- basic course and after that different training workshops

Do you have same teacher/teachers during whole education/ in all levels or modules?

18 responses



If you don't have
same teachers
during whole
education-
specify how you
choose teachers
in different
tasks/ levels/
modules?

- Senior Tutor is lead tutor for each module but supported by less experienced tutors who take some individual sessions or share sessions with the senior tutor
- In hippotherapy courses we have only pt, OT teachers and in therapeutic riding courses other specialties as psychologists or special pedagogic teachers
- For the masters only with Phd, and experience. For postgraduate studies with professional certification. For the master can be a statistical, but there is a multidisciplinary team. LIKE in the ISAAT
- By experience or by typology of approach to the horse world
- That depends against, but if there are different teachers, they work together in developing the whole education.
- According to the subject taught - specialist for the subject, university education (BSc, MSc), min of 5 y experience in the field
- Partially teachers are repeated. During the workshops expanding knowledge to the team of instructors, new teachers confirmed by the organization join.
- depending on teachers own education and the field of work she does
- The AHA's board decides that
- The LT training program has been prepared and approved, but has not yet been invited to study
- PTs, OTs, and SLTs who have specialism in field
- Equine experts to teach horsemanship, therapists to combine the horsemanship with therapeutic practice
- Neurologist, Psychiatrist, veterinary, physiotherapists specialized in equine facilitated physiotherapy

Which basic professions do the teachers have in your education?

- Pt (specialized in equine facilitated physiotherapy), Neurologist
- Ot
- Psychologist, psychiatric nurse, Psychiatrist, psychotherapist
- Special pedagogic teacher, pedagogical, medical education, special educators
- Social worker
- SLP/ speech therapist
- Riding coach, RDA coach, education in equine sports (sport coach education)
- Veterinarians, masters with education in horse breeding, equestrians, horsemanship experts
- Multidisciplinary, from Academic and with high level of experience and certified in some international org., they must have the respective education and a lot of experience with the horse

Who makes the selection of a new teacher?

- ACPEA Training & Education committee
- The person who is in Charge of the facility and is scientific responsible
- Our scientific Board
- Depends on the school you are following. For mine is the master teacher
- the respective specialist group in the Dkthr
- CEFTA Education committee
- Teachers are selected by the Main Board of the organization on the basis of information about the teacher's qualifications and experience gathered about the teacher. The selection is then re-verified in two ways: the training course coordinator listens to the lectures and, at the end of the course, a participant survey is carried out in which they evaluate individual teachers.
- Educational planner and head director of the course and Equine colleges head master.
- Committee of the special interest group
- Our organisation doesn't have an experience in hiring new teachers, everyone in our crew is a member of Federation.
- recognised certifications of EFT
- education section management
- Training program executors
- Working party
- Therapists, based on recognition of skills required to be thought on the course
- I would say this should be chosen based on experience in both theory and practice
- The education and course committee of the equine facilitated physiotherapy group by the Physiotherapy association of Norway

What criteria do you have for a teacher?

- Must have post-grad training in specialism. Current clinical practice in EFT. Some teaching training or experience
- As far as hippotherapy concerns the first criteria is to be a well trained therapist in his or her specialty e.g NDT trained or another neurological method and also knowledge about horse and its biomechanics
- We don't want to focus on professional education. We want to focus on postgraduate studies. The students need to learn a lot about scientific methodology, eg. statistics, and have a good level of knowledge on the field. They can also have a professional certification, but that is given by our partners. So we would like to ask the better, those with a great scientific background and also lots of experience in the field. Meaning we need to talk!
- They must be able to teach and train horse and students and
- they must have the basic professions two questions before an must make a Hospitation in minimum 2 complete educations
- specialist for the subject, university education (BSc, MSc), min of 5 y experience in the field
- Candidates applying to become teachers in our organization must have at least a Master's degree in the field in which they teach. In addition, we expect additional courses, training and qualifications in a given subject, as well as many years of practical experience and / or in conducting classes for students.
- You need to be qualified Equine facilitated therapist who is currently working on a field.
- Proven person in the field. Preferably done own research or proven practical work in the field
- .
- A teacher should be a professional in EFT, also they should be able to communicate with students, explain the material, a teacher should have public speaking skills.
- 1) Having the knowledge 2) Experience 3) know how to teach 3) availability
- professionalism, experience in the field of EFT
- Basic education, such as physiotherapist, number of hours completed hippotherapy courses and at least three years' professional experience
- CV of experience, requirement to lecture on CPD events first
- Qualified in their area of expertise
- A lot of experience in theory and practice and instead of taking a profession, looking at the specific qualities that someone must have. Someone with, for example, movement science plus extra courses for the specific target group, can also give hippotherapy/EFT (after a lot of theory/practice experience in EFT)
- Knowledge of human and/or equine diseases and facilitated therapy.

Conclusion of the common criteria for teachers

The Therapist-Teacher must

- BE QUALIFIED (education) in own profession and as Equine Facilitated Therapist = to have professional competences to adapt own profession to EFT and competences to work with the Equine (COMPETENCY OF OWN PROFESSIONAL FIELD, EFT AND THE EQUINE) to be able to teach the students
- HAVE PRACTICAL EXPERIENCE in the field to give own case examples when teaching and guiding students when practicing
- HAVE TEACHING AND TRAINING EXPERIENCE/
Guidance/education = competences how to teach EFT in theory and practice and how to teach/guide students (adults)

EEFTN subgroup pt have earlier formulated EFPT Equine competences, therapy competences + other important topics - other professions a coming to finalyse same task from their own perspective

Best Practice in Equine Facilitated Interventions – Education

2019-1-F101-KA202-060805



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In the results - Identification of key elements of:

Teaching students/ trainees to become EAS providers

The following have been identified as necessary key elements of the 'Supervisor – Trainee' relationship in the context of Equine Assisted Services (EAS)

- 1. A supervision model that focuses on a reflective and supportive process between the supervisor and trainee in order to foster trainee's personal and professional development.
- 2. A supervision model includes an open, supportive and safe environment with an agreement between the supervisor and trainee on the key elements of supervision. The supervision planning process will include the discussion and development of goals and agreement of expectations and methodology.
- 3. Timely support enables the best results for learning.
- 4. Supervision approaches may include supervisor feedback, peer feedback and/or trainee self-evaluation and self-reflection of the basic competencies needed to understand EAS's in context.
- 5. The supervisor has both evidence-based knowledge and demonstrates a strong experience of the principles of supervision and of Equine Assisted Services (EAS).
- 6. It is acknowledged that supervision may vary between countries and supervision practices may require a blended approach such as cultural nuances.

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HETI Ethical Guidelines

- HETI Ethical Guidelines are a base integrated into the entire educational process (and to further education of the Service providers). They include the horse and service provider and are brought to the knowledge of the service user (and family + cooperating professionals). Ethical guidelines in EAS are supported by evidence based research.

More information of this project:

<https://hetifederation.org/education/best-practice-in-equine-facilitated-interventions-education/>